NERVOUS SYSTEM (NERVOUS TISSUE)

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CONTROL AND COORDINATION

Integration of all the activities of Organs so that all of them function in a synchronized fashion

BODY (2 systems)

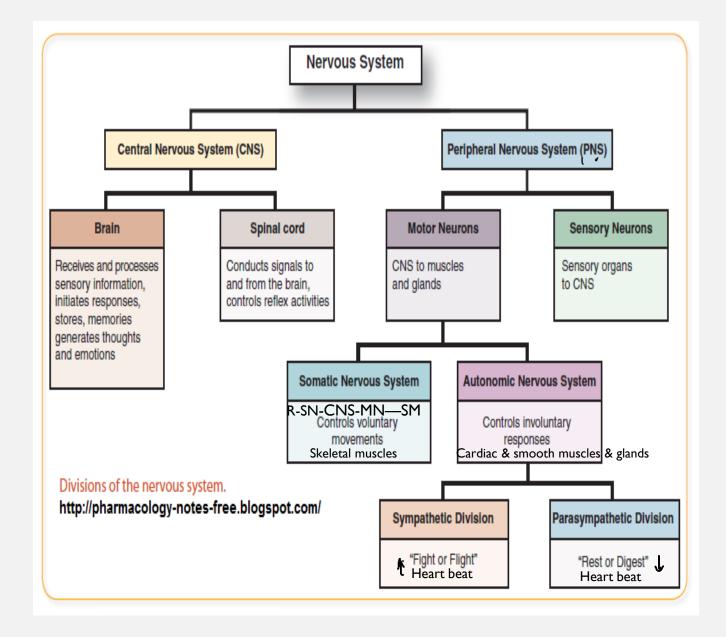
NERVOUS SYSTEM

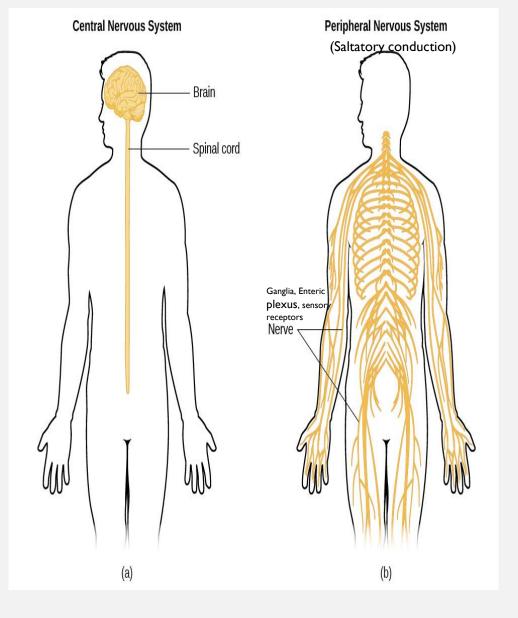
(comprises entire mass of nervous tissues in the body)

Electric current signals (communication)
The kind of tissues which receives and Transmits stimuli in the animal body is called as **Nervous Tissue**

ENDOCRINE SYSTEM

Chemical messengers (Hormones)





Nervous System---- main component is nervous tissue (specialized Tissue- CONDUCT IMPULSES)

Location: CNS & PNS

The autonomic nervous system (ANS), sometimes called the visceral nervous system and formerly the vegetative nervous system, is a division of the nervous system that operates internal organs, smooth muscle and glands

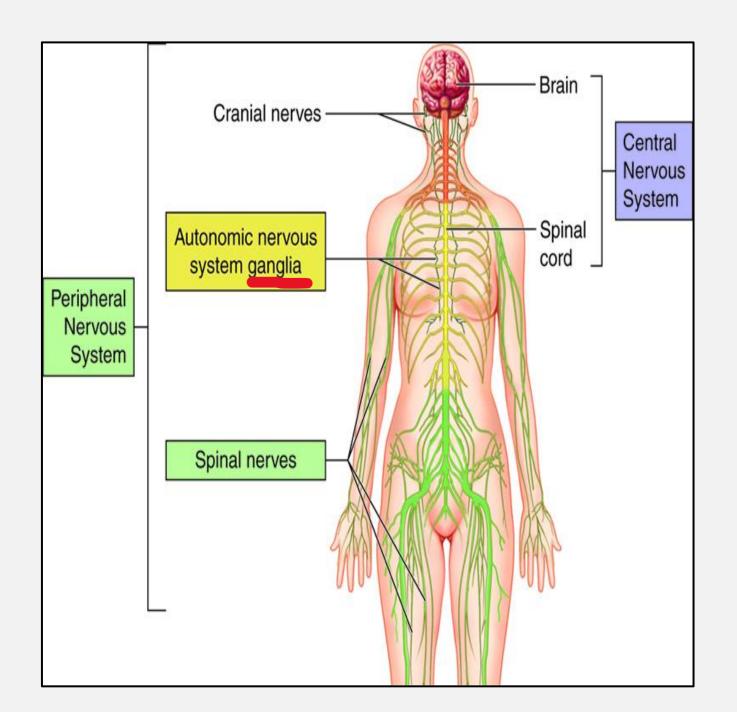
The autonomic nervous system is a component of the peripheral nervous system that regulates **involuntary physiologic processes** including heart rate, blood pressure, respiration, digestion, and sexual arousal.

It contains three anatomically distinct divisions:

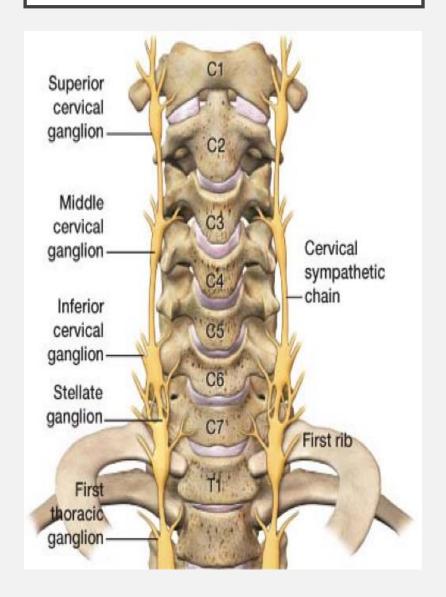
sympathetic, parasympathetic, and enteric.

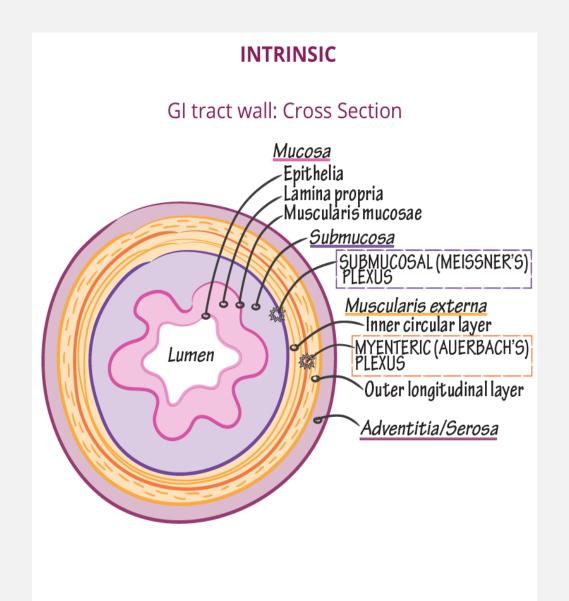
The sympathetic, parasympathetic, and enteric nervous systems are all parts of the autonomic nervous system, which controls involuntary bodily functions, with the key difference being that

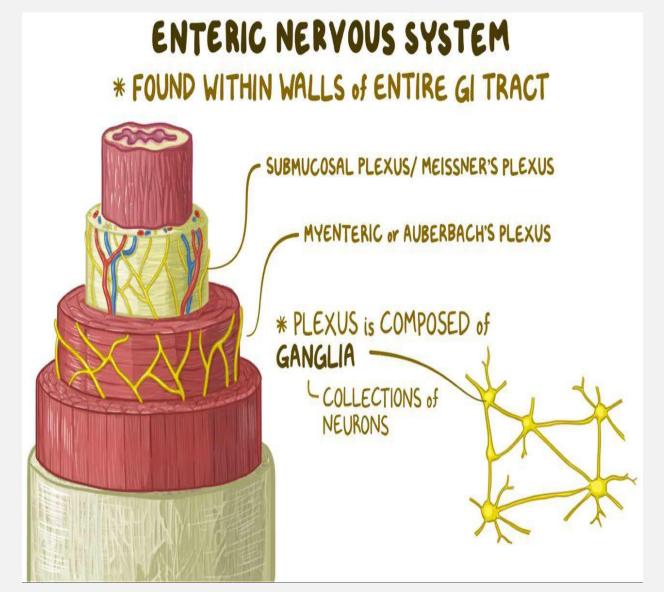
- The sympathetic system is responsible for "fight-or-flight" responses
- The parasympathetic system manages "rest-and-digest" functions, and
- The enteric nervous system specifically controls digestion within the gastrointestinal tract



GANGLIA







Sympathetic Nervous System

- •Activated during stressful situations.
- •Increases heart rate, blood pressure, and breathing rate.
- •Causes pupil dilation

Parasympathetic Nervous System:

- •Activated during relaxation and digestion.
- •Lowers heart rate and blood pressure.
- •Stimulates digestion and saliva production.
- •Causes pupil constriction

Enteric Nervous System:

- •Located entirely within the gastrointestinal tract.
- •Controls bowel movements, absorption of nutrients, and stomach acid secretion.

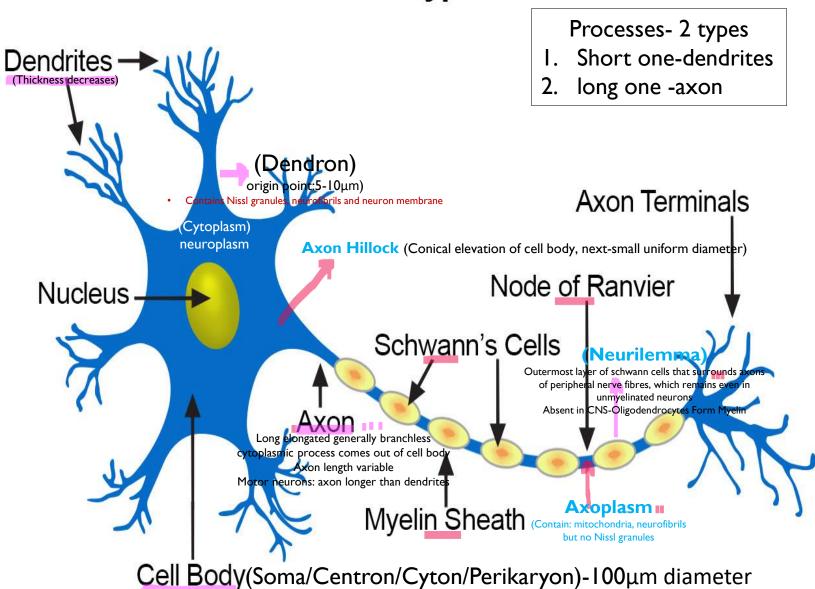
NERVOUS TISSUE CONTAINS TWO CATEGORIES OF CELL

I. Neuron

(A nerve cell with its processes that forms the structural and functional unit of the nervous system)

2. Neuroglia Or Glial Cell (Supporting cells in nervous system)

Structure of a Typical Neuron



DENDRITES

Distribution: Brain Spinal cord

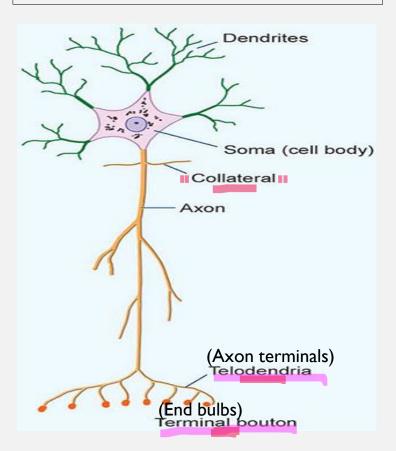
Function: Receives nerve impulses

AXON/AXIS CYLINDER

Distribution: white matter of CNC & PNS

Functions: transmits impulses away from cell

<u>body</u>



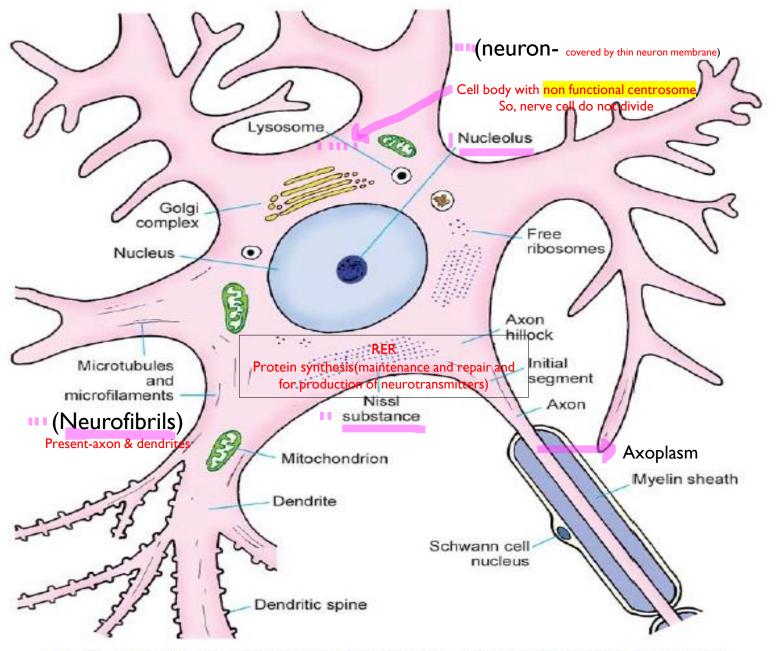


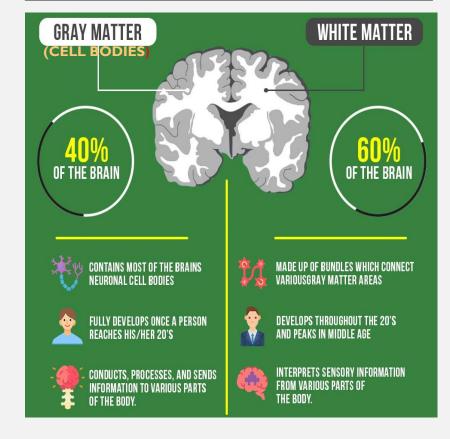
Fig. 1.2. Schematic presentation of some features of the structure of a neuron as seen by EM.

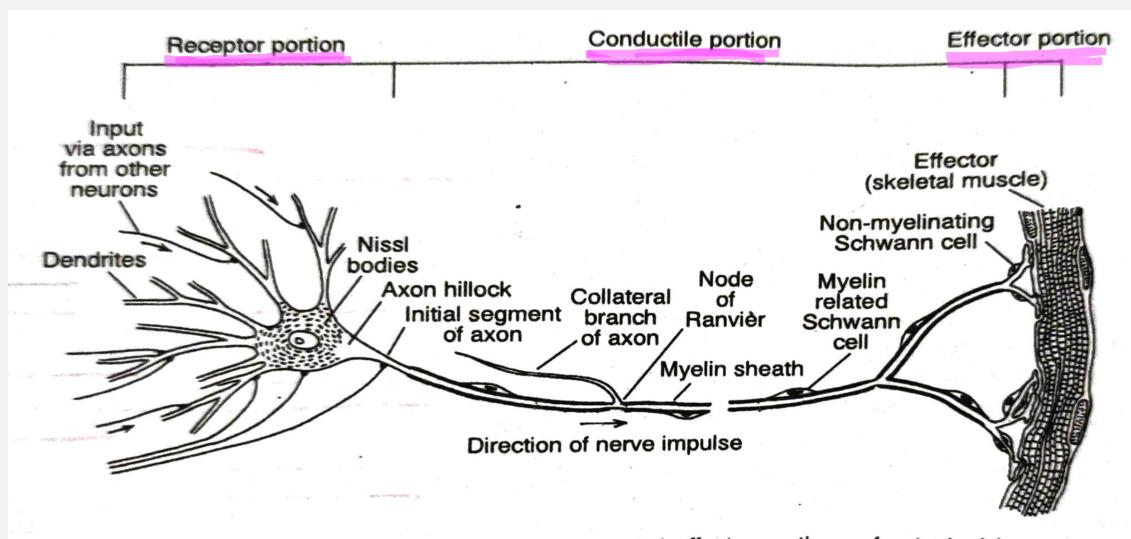
Distribution:

Brain (Grey matter)
Spinal cord

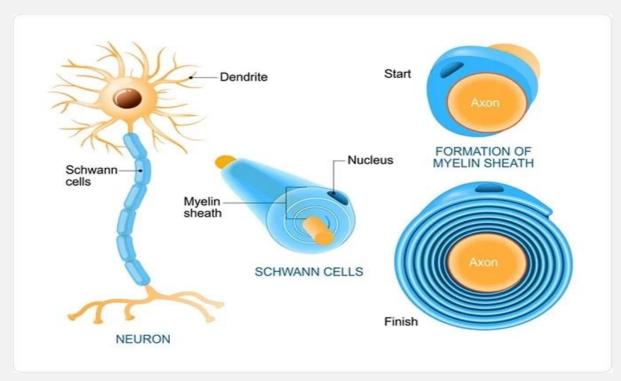
Function:

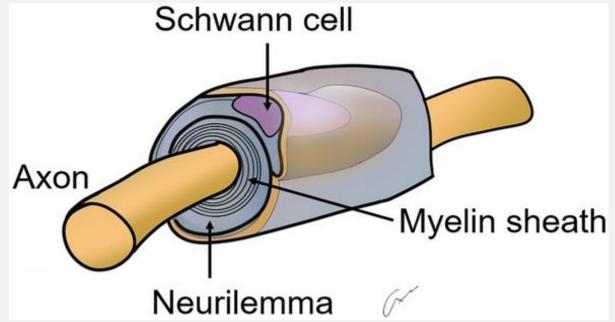
Cell body regulates and coordinates the function of a neuron





(d).1: This diagram illustrates the receptor, conductile, and effector portions of a typical large neuron. The effector endings on skeletal muscle identify this as a somatic motor neurom; in many neurons the effector endings are applied to the receptor portions of other neurons. The presence of the myelin sheath on the conductile portion of the neuron (the axon) increases conduction velocity. The axon is shown to be interrupted, for it is much longer than can be illustrated here.





SCHWANN CELLS

A well-developed Schwann cell is shaped like a rolledup sheet of paper, with layers of myelin between each coil.

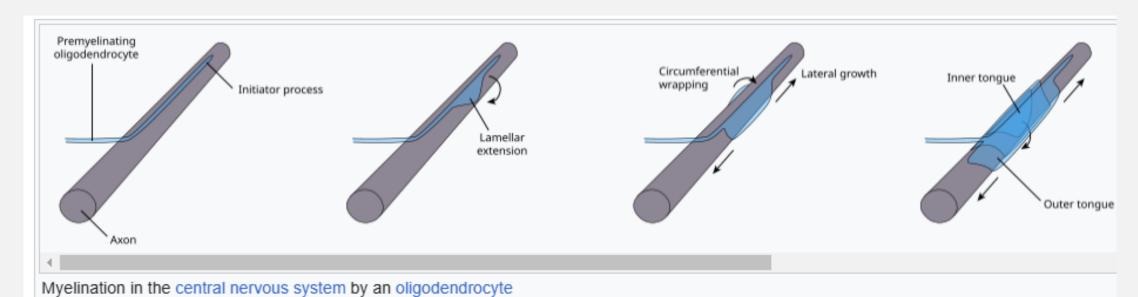
The inner layers of the wrapping **forms the myelin sheath**, while the outermost layer of nucleated <u>cytoplasm</u> forms the <u>neurilemma</u>.

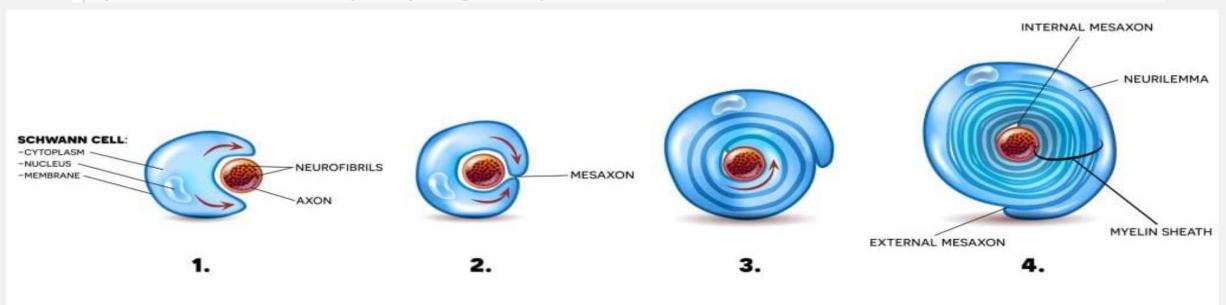
Individual myelinating Schwann cells cover about 1 mm of an axon—equating to about 1000 Schwann cells along a 1-m length of the axon.

FUNCTION:

• Myelin sheath in PNS.

THE FORMATION OF THE MYELIN SHEATH-MYELIN OGENESIS





Differences between Axon and Dendrite

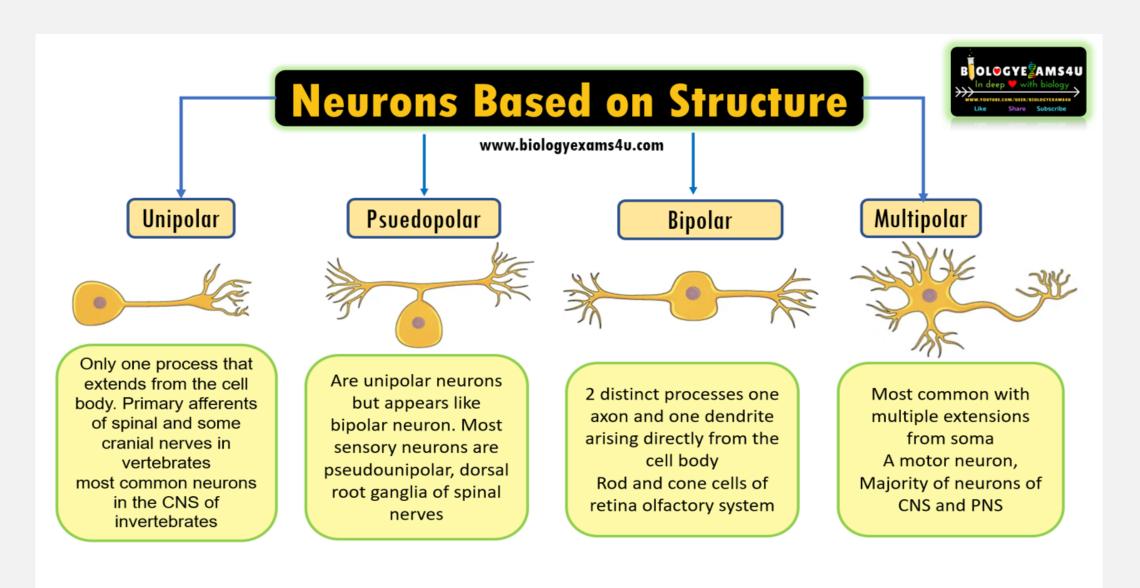
Character	Axon	Dendrite
1. Number	Axon is long and single which originates from the axon hill-ock of a cell body.	More than one short processes originate from the cell body of a neuron.
2. Branching	Generally unbranched.	More short branches are present in a dendrite.
3. Length	Longer in length.	Shorter in length.
4. Myelin sheath	Axon is myelinated.	Devoid of myelin sheath.
5. Neurilemma	In axon neurilemma is present.	Devoid of neurilemma.
6. Axoplasm	Axoplasm is seen.	Neuroplasm is noticed.
7. Schwann sheath	Sheath with schwann cell present.	Schwann sheath with cell absent.
8. Node of Ranvier	Sheath is differentiated into nodes and inter-nodes.	Absence of node of Ranvier, i.e., sheath is not differentiated into nodes and inter-nodes.
9. Nissl's granules	Absent.	Present.
10. Function	Transmits impulses received from cell body.	Receives impulses from other neuron and transmits to the cell body.

CLASSIFICATION OF NEURONS

- STRUCTURAL CLASSIFICATION OF NEURONS (Based On No. Of Processes Extending From Cell Body)
- STRUCTURAL CLASSIFICATION OF NEURONS (Based On Variation In Axons)
- Based on Function
- Based on presence or absence of myelin sheath

STRUCTURAL CLASSIFICATION OF NEURONS

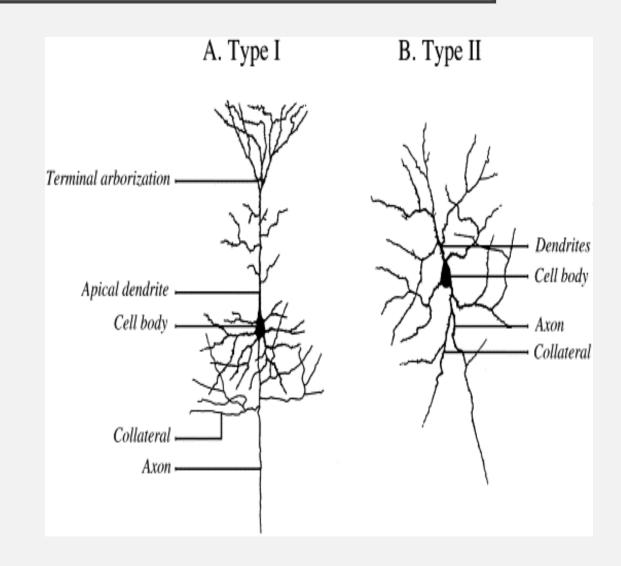
(Based On No. Of Processes Extending From Cell Body)



STRUCTURAL CLASSIFICATION OF NEURONS

(Based On Variation In Axons)

- I.Golgi type I neuron- long axons, cell body of these neurons in CNS and axon reaches to remote peripheral organs (connect remote regions)- motor neurons
- I.Golgi type 2 neuron —Axons are short and end near the cell body present in cerebral cortex and spinal cord (ie interneurons)

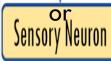


Neurons Based on Function



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Afferent

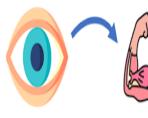




These neurons detect stimuli from the environment, such as light, sound, and touch. They transmit this information to the central nervous system (CNS). Efferent



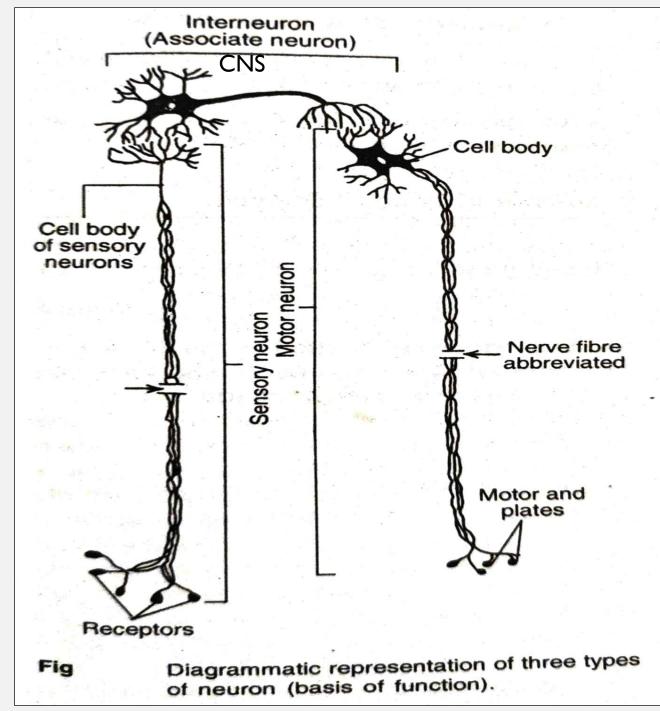




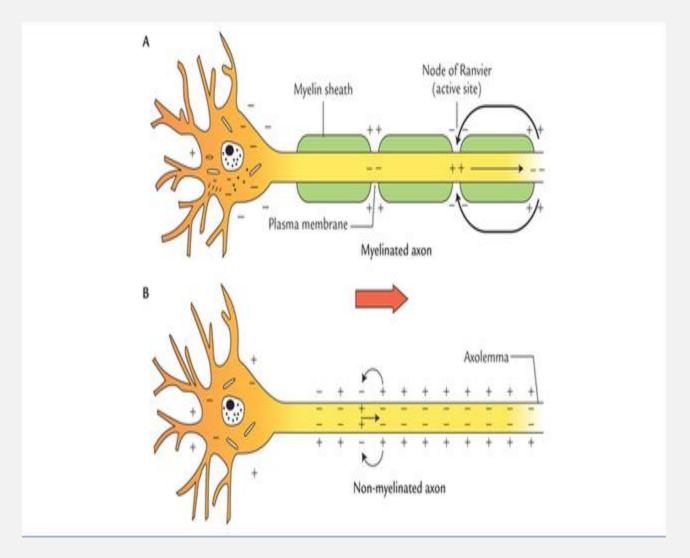
Interneuron

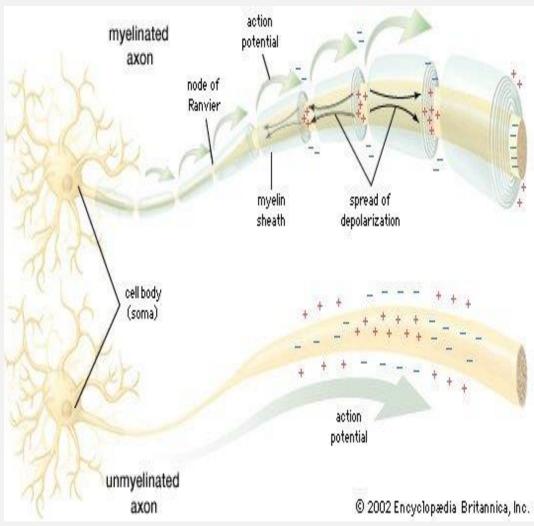
These neurons control
the muscles and other
organs of the body.
They transmit signals
from the CNS to the
muscles, telling them
to contract or relax.

These neurons connect sensory neurons and motor neurons. They help to process information and coordinate the activity of different parts of the nervous system.



NEURONS BASED ON PRESENCE OR ABSENCE OF MYELIN SHEATH (Myelinated And Non-myelinated Neurons)





MYELINATED NERVE FIBERS VERSUS

UNMYELINATED NERVE FIBERS

Myelinated nerve fibers contain a myelin sheath around the nerve fiber

Unmyelinated nerve fibers do not contain a myelin sheath

White in color

Grey in color

Consist of nodes of Ranvier

Do not consist of nodes of Ranvier

MYELINATED

Since transmission occurs only through nodes of Ranvier, the speed of transmission of nerve impulses is high

The speed of the transmission of the nerve impulses is low since these do not contain myelin sheaths

Short axon nerve fibers are unmyelinated

NERVE FIBRE

Myelin sheath prevents the loss of the impulse during conduction

Long axon nerve fibers

are myelinated

Axon of this fibre is covered internally by myelin sheath and outwardly by Neurolemma

Ion channels are concentrated at Nodes of Ranvier

Conduction type is Saltatory Conduction

Present within the White matter of brain, Spinal cord, cranial nerve and spinal nerve

Can lose the nerve impulse during conduction

Axon is covered by neurolemma but myelin sheath is absent

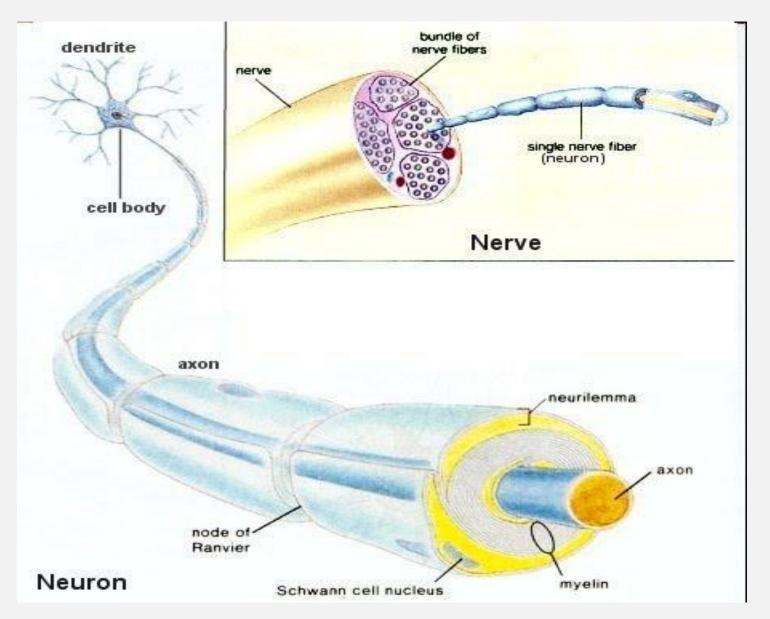
Ion channels are spread throughout the axon

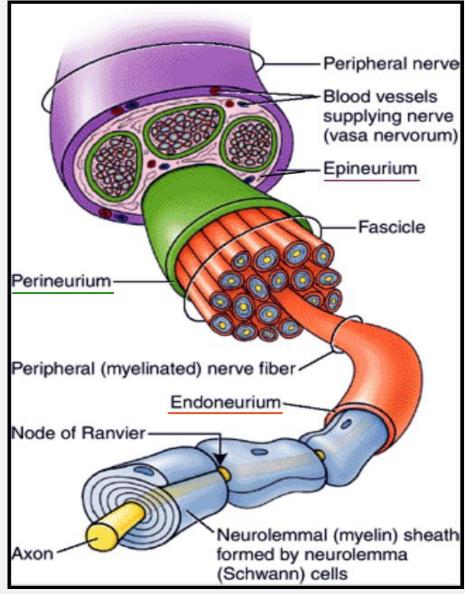
Conduction type is Continuous Conduction

Present within Gray matter of brain and spinal cord and autonomic nervous system

NON **MYELINATED NERVE FIBRE**

DIFFERENCE---NEURON/NERVE FIBRE Vs NERVE





GENERATION OF NERVE IMPULSES AND PROPOGATION OF NERVE IMPULSE

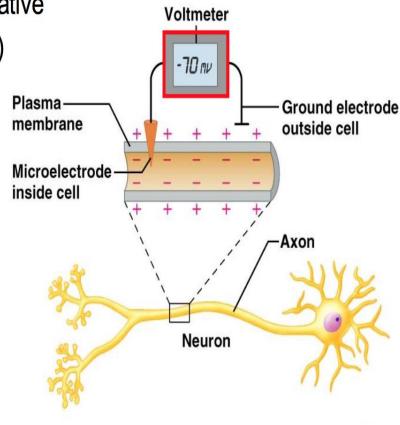
NERVE CONDUCTION (2 MAIN PHASES)

RESTING POTENTIAL

ACTION POTENTIAL

The Resting Membrane Potential

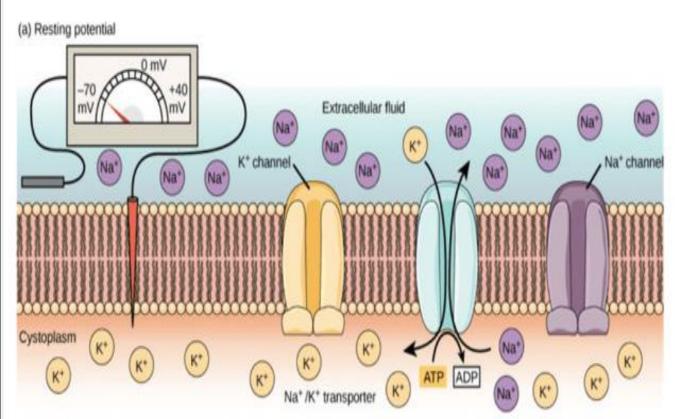
- Usually the cytoplasm is negative
 - □ (-20 to -110 mV; relative to the ECF = 0 mV)
- Depends upon ions present:
 - □ Permeability
 - □ Electrochemical gradients



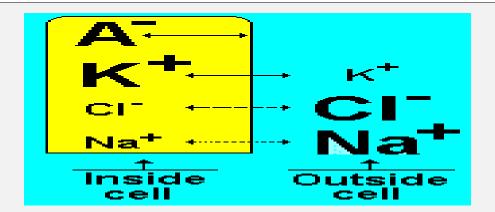
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RESTING POTENTIAL

The resting membrane potential of a cell is defined as the difference in electrical potential across the plasma membrane when the cell is not stimulated or when the cell is in a state of relaxation.



At the resting potential, all voltage-gated Na⁺ channels and most voltage-gated K⁺ channels are closed. The Na⁺/K⁺ transporter pumps K⁺ ions into the cell and Na⁺ ions out.

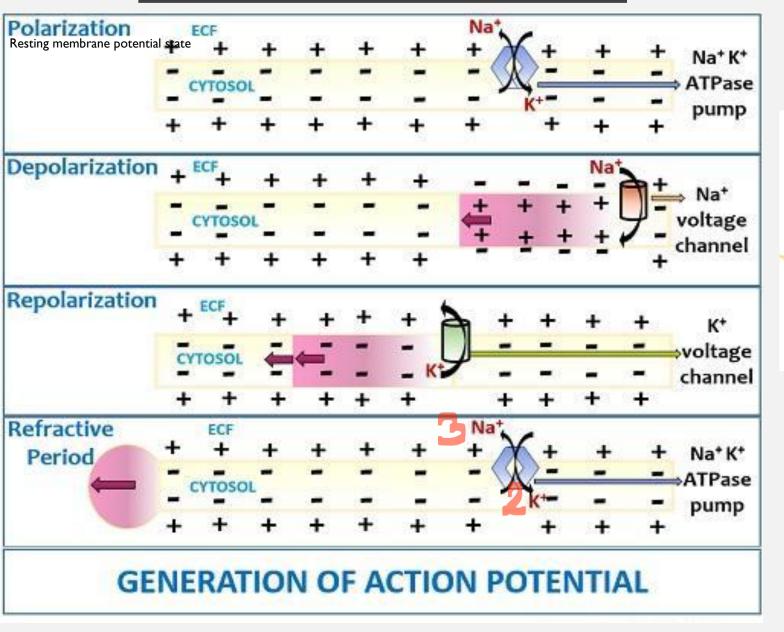


- When a neuron is at rest, the resting potential of a neuron is typically -70 mV
- This shows the surplus negative charged ions on the inner side of the membrane.
- Typically, a higher level of potassium ion K+ is present inside the cell.
- At the exterior of the cell, the level of Sodium and Chloride ions (Na+ and Cl-) are in higher concentration.
- Unlike other cell types, neurons and muscle cells are capable of transitioning from a resting state to a more active one.

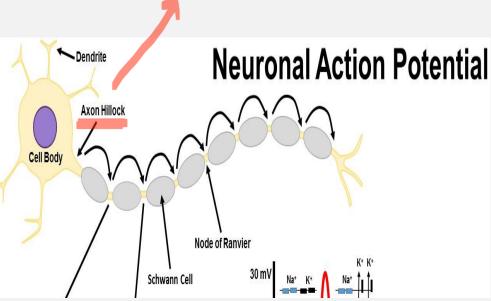
When at rest, the neuron is *negatively charged* relative to its environment. This is because of the following events:

- i) At rest, the negatively charged ion -Cl⁻ and the positively charged ion, Na⁺, cannot easily cross the plasma membrane of the neuron (*sodium channels* close)
- ii) Negatively charged proteins cannot readily leave the neuron as well. (Ie., UNEQUAL DISTRIBUTION OF IONS)
- iii) A **membrane pump** moves *three* Na⁺ out for every *two* K⁺ entering the cell.
- As a result, more Na⁺ ions are outside than inside and more K⁺ ions inside than outside the cell.
- This leads to a resting membrane potential of about -70mV, which means the inside of the neuron is about 70 mV less than its environment

ACTION POTENTIAL



ACTION POTENTIAL Begins at the Axon Hillock as a result of Depolarization



ACTION POTENTIAL: It is the change in electrical potential across the neuronal membrane.

Action potential carries the impulses from one neuron to the next neuron. Action potentials are all-or-none.

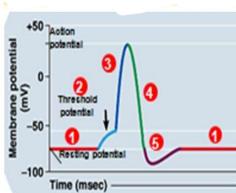
STEPS IN AN ACTION POTENTIAL

1. Resting potential or Polarization (-70 mV)

- Na+ outside, K+ inside
- Channels closed

2. Stimulus / Threshold

- Some Na+ channels open
- Na+comes in
- If threshold is passed they all open (-50 mV)



3. Depolarization (+30 mV)

- Na+ channels open, Na+ comes in and the cell becomes positive
- Chain reaction of Na+ channels opening down the axon

4. Repolarization (-70 mV)

- Na+ channels close, K+ channels open
- K+ moves out and the cell becomes negative

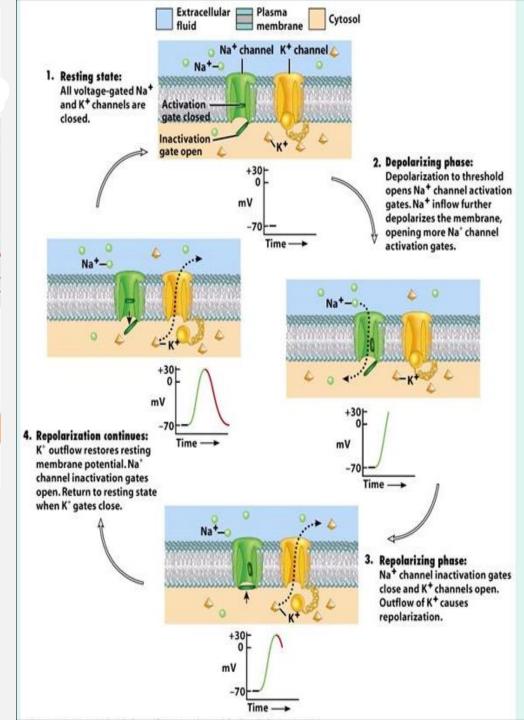
5. Hyperpolarization or Undershoot & return to resting

potential

It makes the cell more negative than its typical resting membrane potential. As the action potential passes through, potassium channels stay open a little bit longer, and continue to let positive ions exit the neuron.

This means that the cell temporarily hyperpolarizes, or gets even more negative than its resting state (-90mV)

As the potassium channels close, the sodium-potassium pump works to reestablish the resting state by actively transporting 3 Na+ outside and 2K+ inside (ATP use)

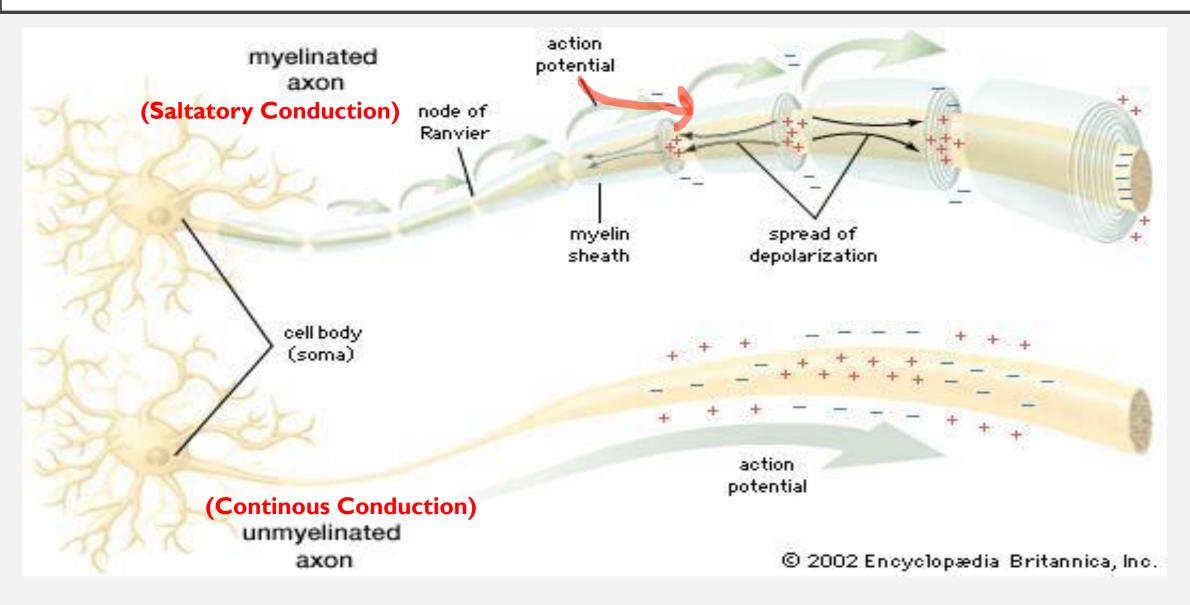


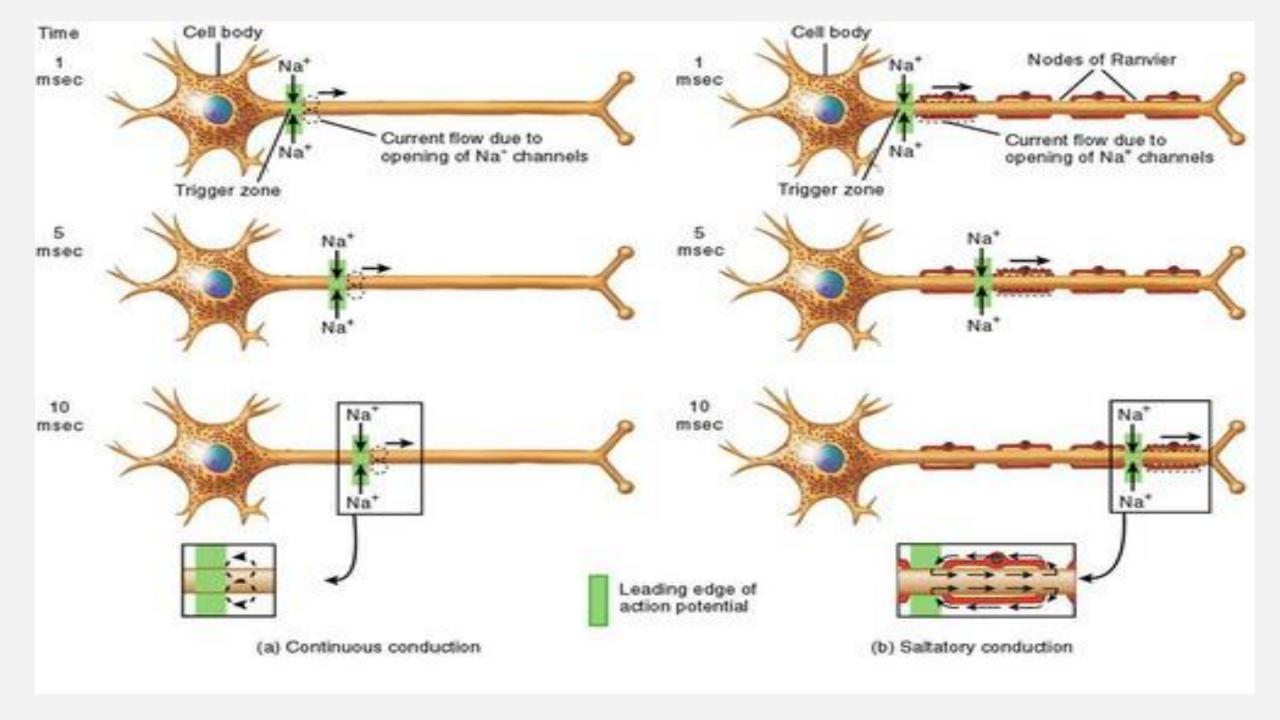
The Action Potential: Summarized

- Resting membrane potential is -70mV
- Depolarization is the change from -70mV to +30 mV
- Repolarization is the reversal from +30 mV back to -70 mV

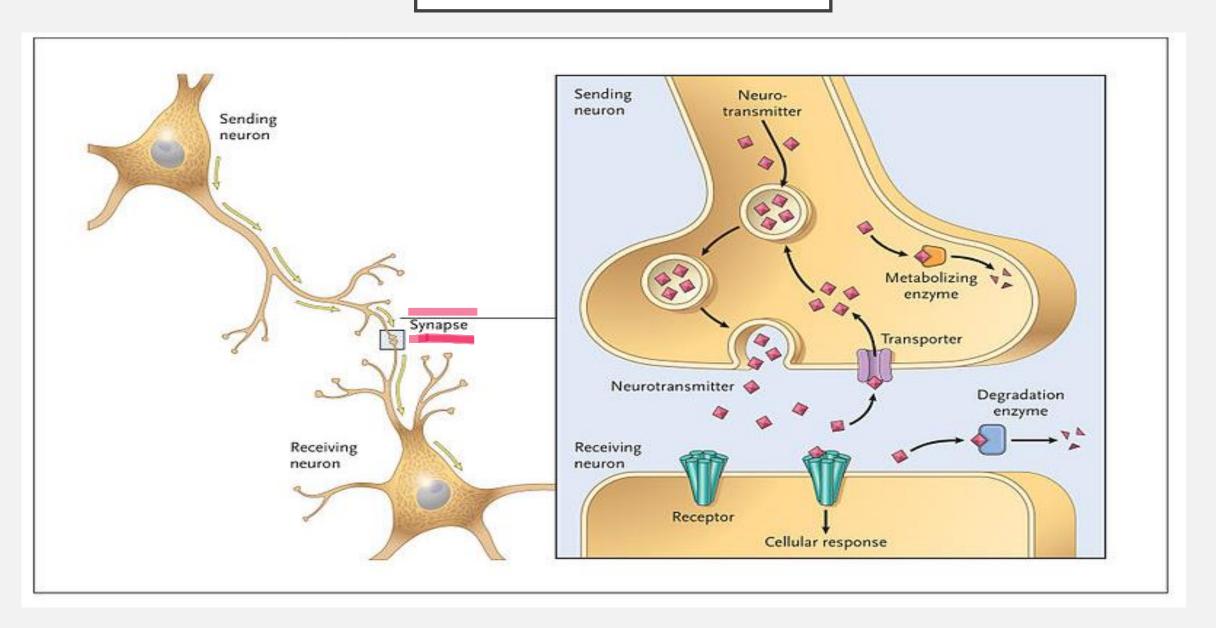
PROPOGATION OF NERVE IMPULSE OR SIGNAL

I. MYELINATED NERVE FIBRE 2. NON-MYELINATED NERVE FIBRE





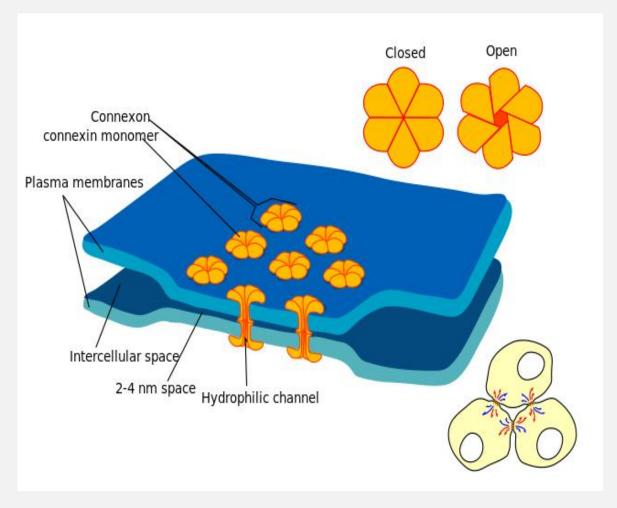
SYNAPSE



SYNAPSE

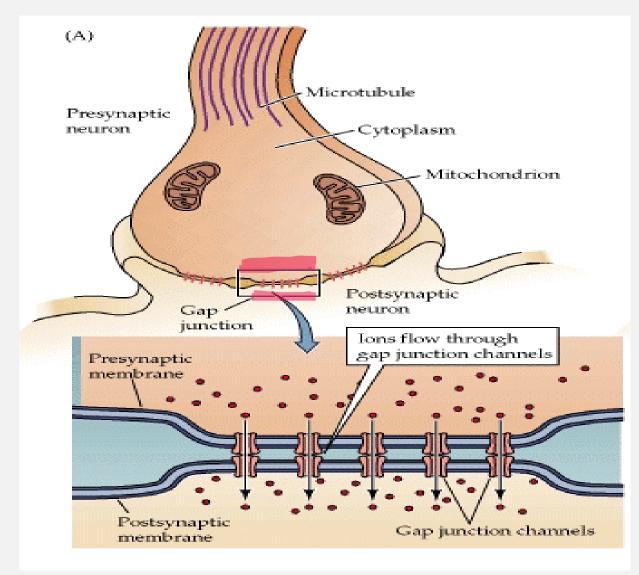
A. Electrical Synapse with connexon

(common in lower vertebrates and invertebrates, found in brains of mammals also)

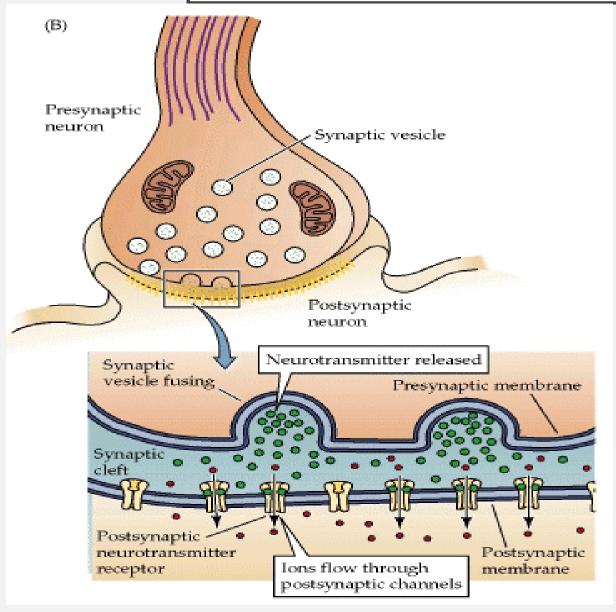


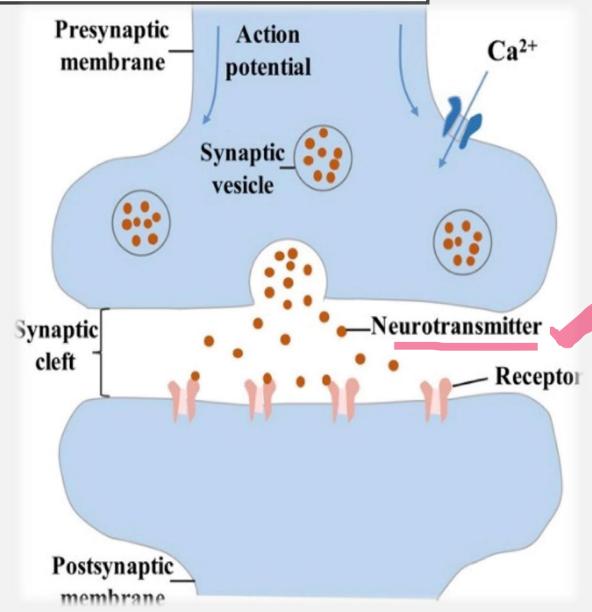
Synapse can be broadly classified into 2 Types

- A. Electrical Synapse
- B. Chemical Synapse(Human CNS synapses)



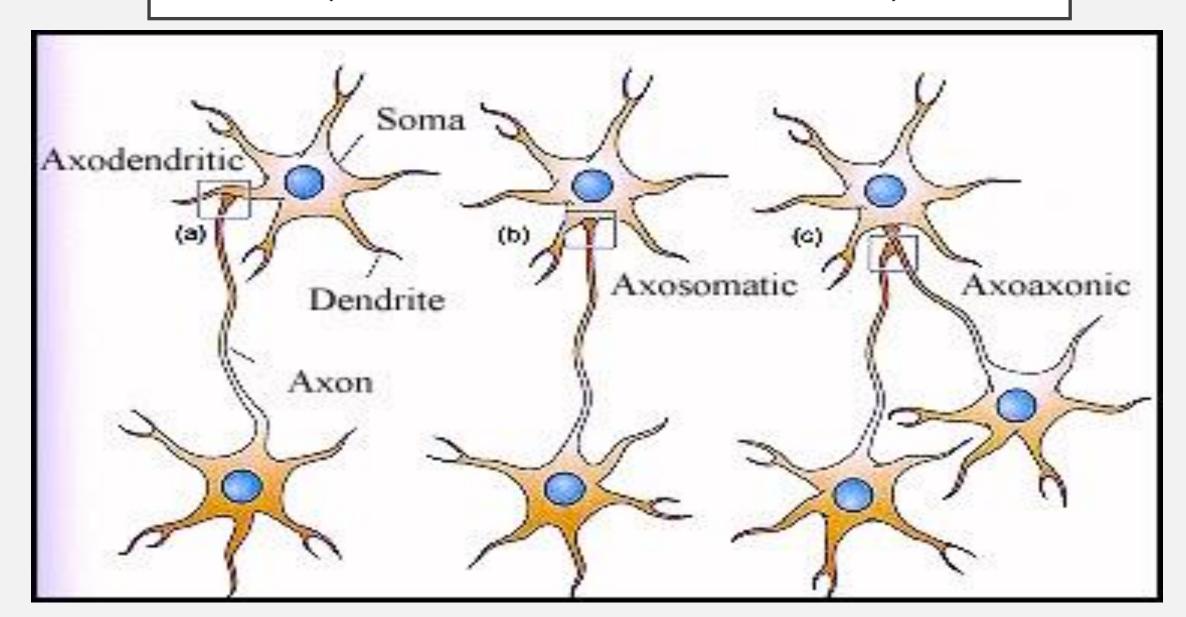
B) CHEMICAL SYNAPSE (Neurotransmitters Involve)





CLASSIFICATION OF CHEMICAL SYNAPSE

(Based On Neuronal Elements Associated)



NEUROTRANSMITTER

- Neurotransmitters are chemical substances that transmit signals between neurons (nerve cells) or from neurons to muscles, glands, or other target cells.
- They are crucial for communication within the nervous system and influence various physical and psychological functions of the body.
- When a neuron is activated by an electrical signal (action potential), neurotransmitters are released from small sacs called synaptic vesicles in the neuron.
- These chemicals cross the synapse (the gap between neurons) and bind to receptors on the target neuron or cell. Once bound, neurotransmitters either stimulate (excitatory) or inhibit (inhibitory) the next neuron, influencing its electrical activity.

Types of Neurotransmitters:

Neurotransmitters can be broadly classified into two types **based on their effects on the target cells**. Each type plays a specific role in maintaining balance in the nervous system.

Functional Classification

Function	Examples	
	Glutamate	
	Aspartate	
Excitatory (leads to depolarization)	Serotonin	
(leads to depolarization)	Histamine	
	ATP, CO	
	Glycine	
Inhibitory	Gamma amino butyric acid (GABA)	
(leads to hyperpolarization)	Taurine	
Excitatory & Inhibitory	Acetylcholine	
(leads to depolarization and	Epinephrine (Adrenaline)	
hyperpolarization depending on type of receptor)	Dopamine	
	Norepinephrine (Noradrenaline)	
	NO	
	Endorphins, enkephalins, substance P, cholecystokinin	

NEUROTRANSMITTERS

ADRENALINE fight or flight

produced in stressful situations. Increases heart rate and blood flow, leading to physical boost and heightened awareness.

NORADRENALINE concentration

affects attention and responding actions in the brain. Contracts blood vessels, increasing blood flow.

DOPAMINE pleasure

feelings of pleasure, also addiction, movement and motivation. People repeat behaviors that lead to dopamine release.

SEROTONIN

contributes to well-being and happiness. Helps sleep cycle and digestive system regulation. Affected by exercise and light exposure.

GABA calming

Calms firing nerves in the central nervous system. High levels improve focus, low levels cause anxiety. Also contributes to motor control and vision.

ACETYLCHOLINE learning

Involved in thought, learning and memory. Activates muscle action in the body. Also associated with attention and awakening.

GLUTAMATE memory

Most common neurotransmitter. Involved in learning and memory, regulates development and creation of nerve contacts.

ENDORPHINS euphoria

Released during exercise, excitement and sex, producing well-being and euphoria, reducing pain

1. Excitatory neurotransmitters: when released excitatory neurotransmitters

have excitatory effects on the neuron. It stimulates a neuron that will fire an action potential (electrical signal), causing the target cell to become more active.

Mechanism of Action

When these excitatory neurotransmitters bind to their receptors on the postsynaptic neuron, they often lead to the influx of positive ions (sodium) into the neuron. This depolarizes the neuron and brings it closer to the threshold for firing an action potential.

Common Examples

Excitatory Neurotransmitters:

- Glutamate: The most common excitatory neurotransmitter in the brain. It plays a key role in learning and memory.
- Aspartate: Another excitatory neurotransmitter, less abundant than glutamate but still important in brain regions. Binds with NMDA (N-Methyl D-Aspartate) Receptors which are crucial for synaptic plasticity learning and memory.

2. Inhibitory neurotransmitters: Inhibitory neurotransmitters have inhibitory effects on the neuron. It decreases the likelihood that a neuron will fire an action potential, calming the nervous system and preventing overstimulation.

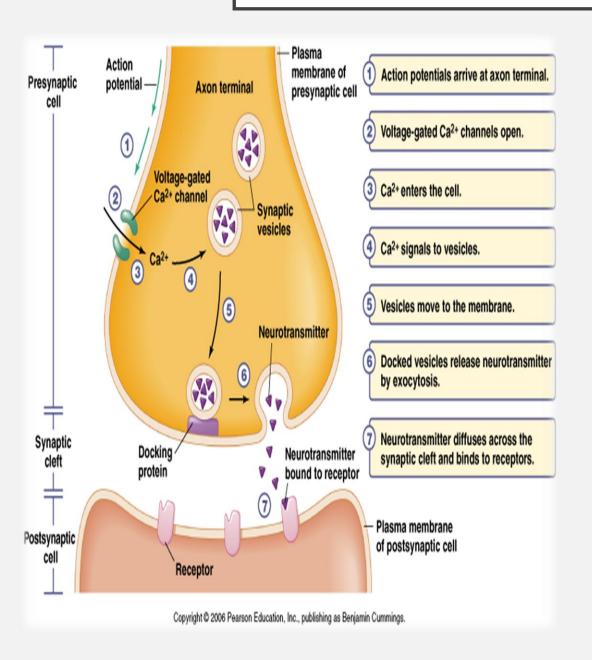
Mechanism of Action

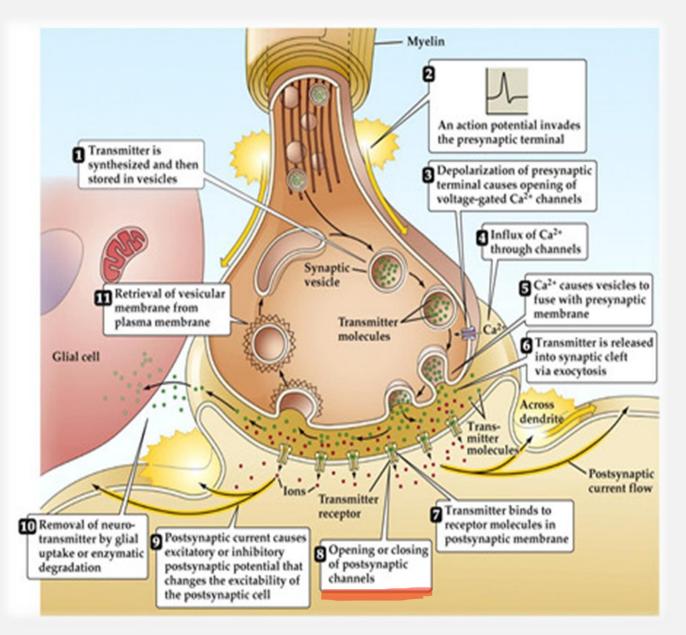
Inhibitory Neurotransmitters: when they bind to their receptors, these neurotransmitters often lead to the influx of negative ions (like chloride) or the efflux of positive ions (like potassium). They make the inside of the neuron more negative, which makes it less likely to reach the threshold needed to trigger an action potential.

Eg: Inhibitory Neurotransmitters:

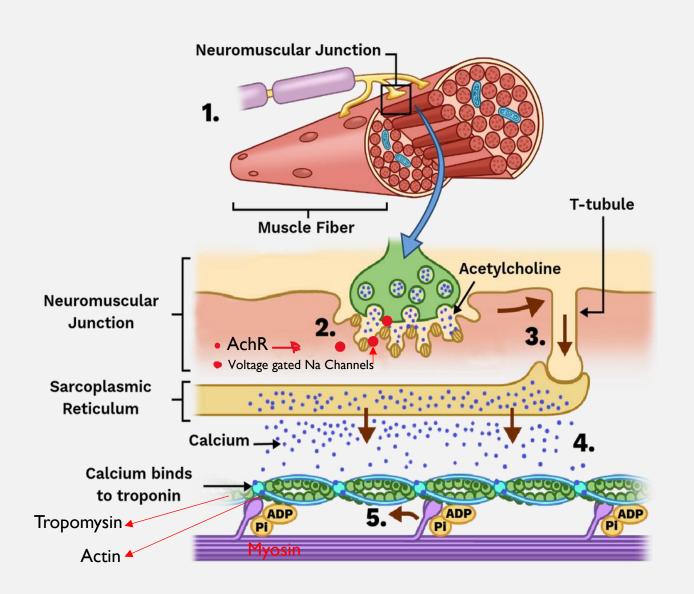
- GABA (Gamma-Aminobutyric Acid): The primary inhibitory neurotransmitter in the brain. It helps regulate anxiety and muscle tone.
- Glycine: Commonly found in the spinal cord and brainstem, it plays a crucial role in inhibiting motor neurons.

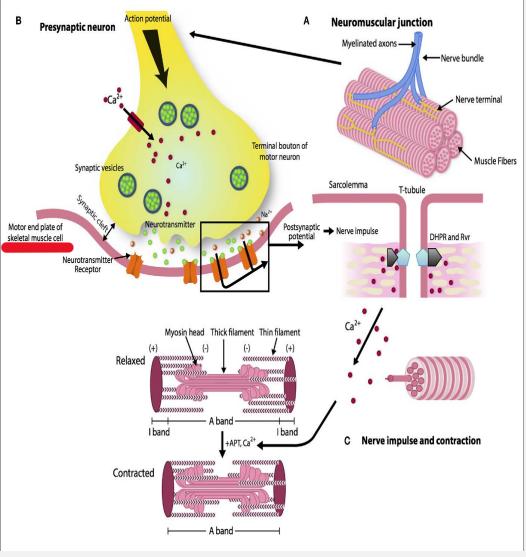
SYNAPTIC TRANSMISSION





NEUROMUSCULAR JUNCTION





Neuromuscular Junction (NMJ)

The neuromuscular junction (NMJ) is a specialized synapse between a **motor neuron** and a **skeletal muscle fiber**. It is the site where **nerve impulses are transmitted from neurons to muscles**, leading to **muscle contraction**.

Structure of the Neuromuscular Junction

I.Motor Neuron Terminal (Presynaptic Terminal):

- I. The end of the motor neuron axon.
- 2. Contains synaptic vesicles filled with the neurotransmitter acetylcholine (ACh).
- 3. Has voltage-gated calcium (Ca²⁺) channels.

2. Synaptic Cleft:

- 1. A narrow space (~20-30 nm) between the nerve terminal and the muscle fiber membrane.
- 2. Contains acetylcholinesterase (AChE), the enzyme that breaks down ACh.

3. Motor End Plate (Postsynaptic Membrane):

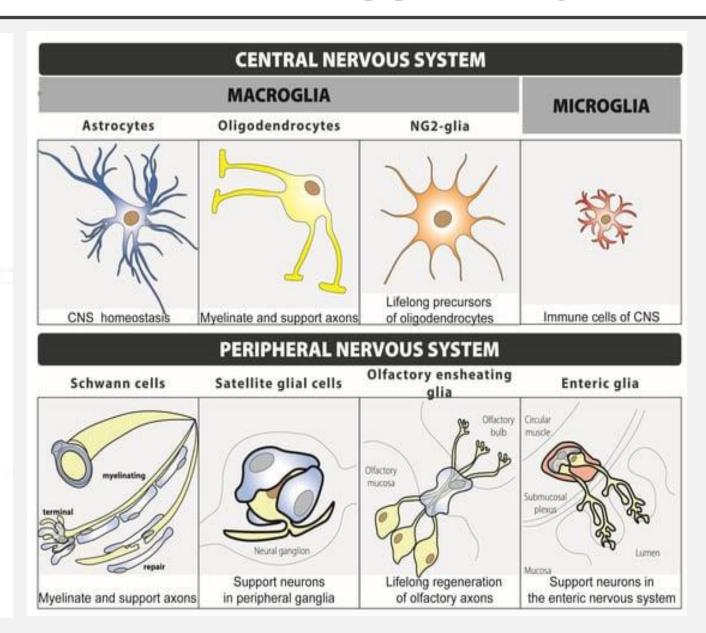
- I. The specialized area of the **sarcolemma** (muscle cell membrane) that lies opposite the neuron terminal.
- 2. Contains nicotinic acetylcholine receptors (nAChRs).
- 3. Highly folded to increase surface area for receptors.

NEUROGLIA OR OR GLIAL CELLS

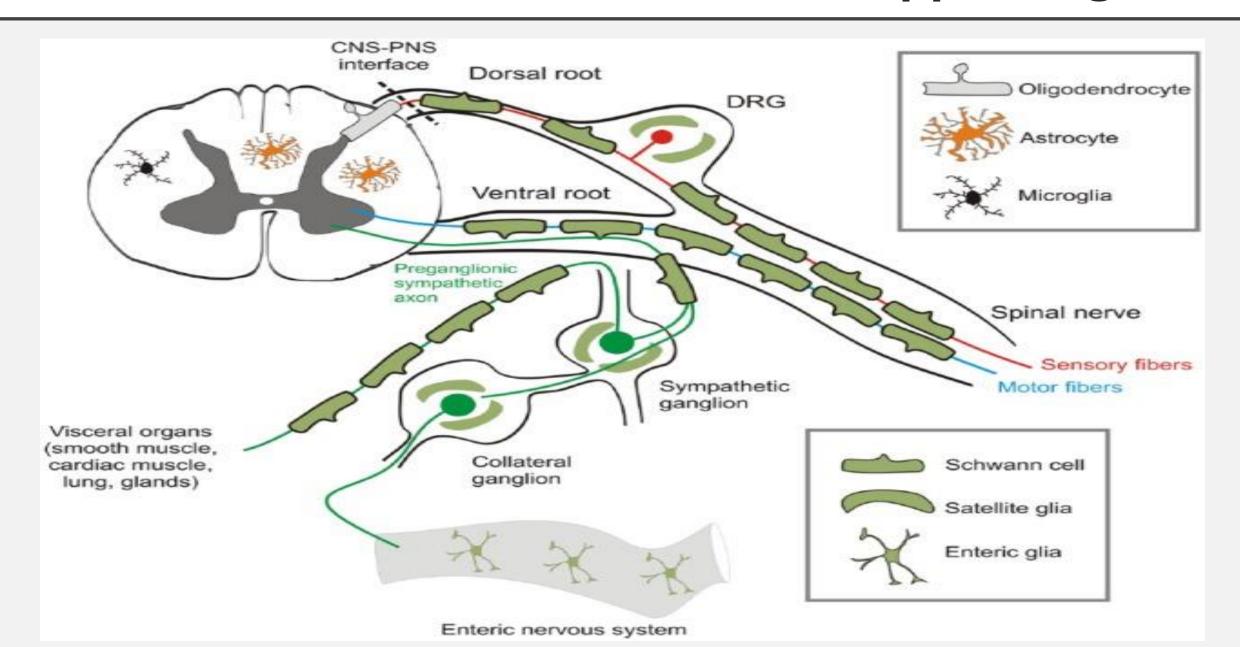
(Supporting Cell)

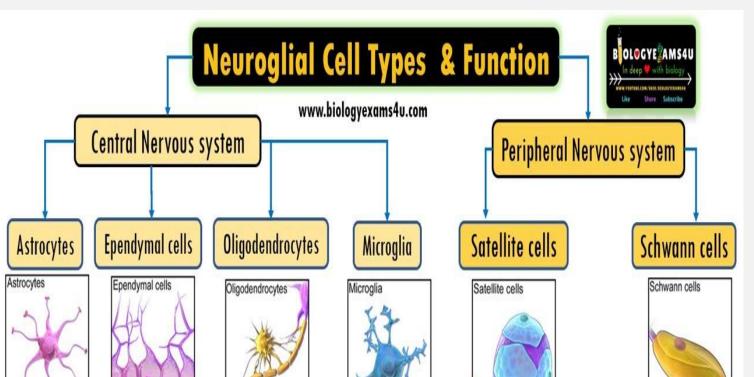
NEUROGLIA OR GLIAL CELLS- Supporting Cell

Neuroglia Cells provide metabolic support and immune protection for Neuroglia neurons. outnumber neurons by about 10:1 in the Central Nervous System. Neuroglia do not generate or conduct nerve impulses. However, unlike glial cells neurons, regenerate if injured



NEUROGLIA OR GLIAL CELLS- Supporting Cell





Maintain
blood brain
barrier
-controlling
the levels of
neurotransmit
ter around
synapses,
-regulate ion,
and providing
metabolic

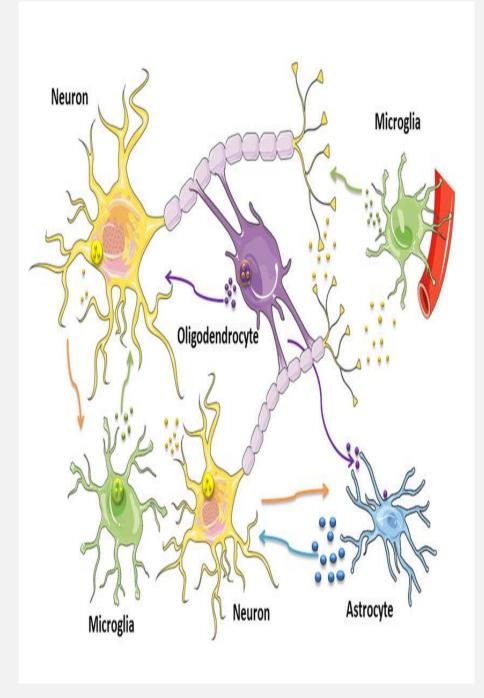
support.

Line spinal cord & ventricles of the brain. -involved in producing cerebrospin al fluid (CSF).

Myelinate CNS axons, provide structural framework Brain's immune cells -Remove dead cells and pathogens by

phagocytosis

Surround neuron cell bodies in ganglia. Regulate neurotrans mitter levels Myelinate
neurons in
PNS.
maintenance
and
regeneration
of neurons
after injury



NEUROGLIA CELLS IN CENTRAL NERVOUS SYSTEM

ASTROCYTES

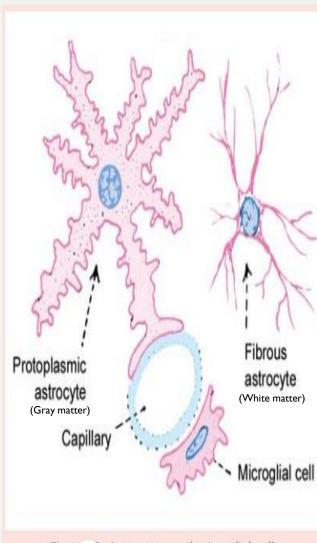
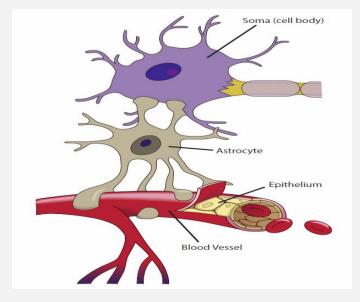


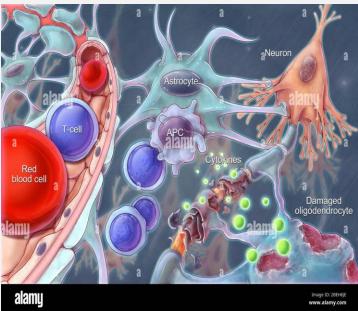
Fig. 1...). Astrocytes and microglial cells.

- They are star-shaped cells
- In expansion to blood vessels or in relation to surface of the brain.
- Gliosomes are present on the processes of astrocytes rich in mitochondria.
- In general, there are two types of astrocytes
 The processes of astrocytes are connected to those of other astrocytes through gap junction and communicate (calcium channels)

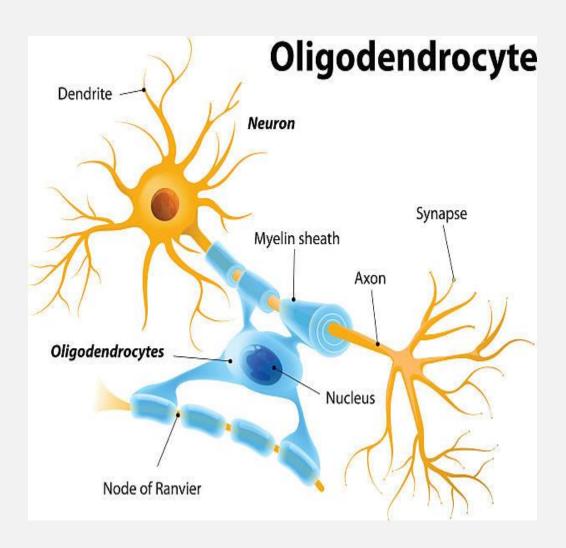
FUNCTION:

- Blood brain barrier
- Structural integrity
- metabolite exchange(glucose)
- Removes excess glutamate from synapse





OLIGODENDROCYTES

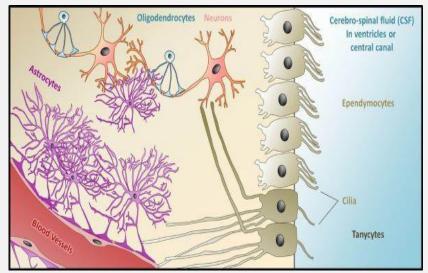


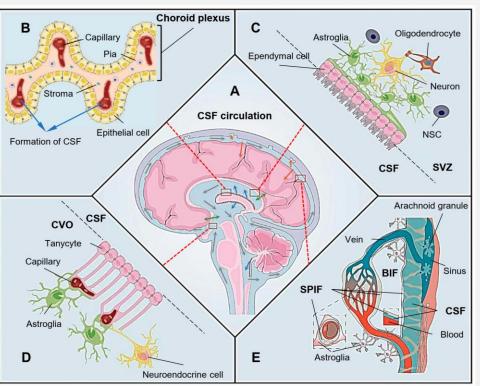
- Oligodendrocytes have rounded or pear-shaped bodies with relatively few processes.
- The soma is small and the nucleus distinctive
- The dense cytoplasm stains darkly
- The processes extend to different axons and forms myelin sheath around them

FUNCTION

Forms Myelin sheath

EPENDYMAL CELLS

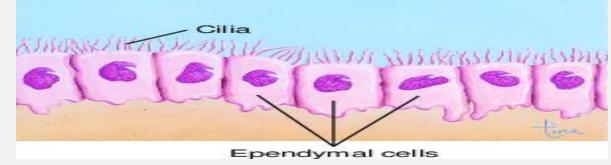




- Ependymal cells **similar in appearance to epithelial cells,** line the spinal cord and ventricular system of the brain.
- These cells contain cilia and has prominent nucleus.
- The ependymal cells are of three variants.
- The ependymocytes promote the free movement of molecules. It does so between the neurons and the cerebrospinal fluid.
- Tanycytes respond to alterations in the hormonal levels. It does within the bloodderived hormones.
- choroidal epithelial cells control the chemical composition of the cerebrospinal fluid.

FUNCTION:

- Production of CSF and its movement
- Acts as barrier between CSF in the ventricular system and the brain



NG-2 GLIAL CELLS

NG-2 cells represent a resident **glial progenitor cell population** that exists throughout the Gray and white matter of the developing and mature mammalian CNS.

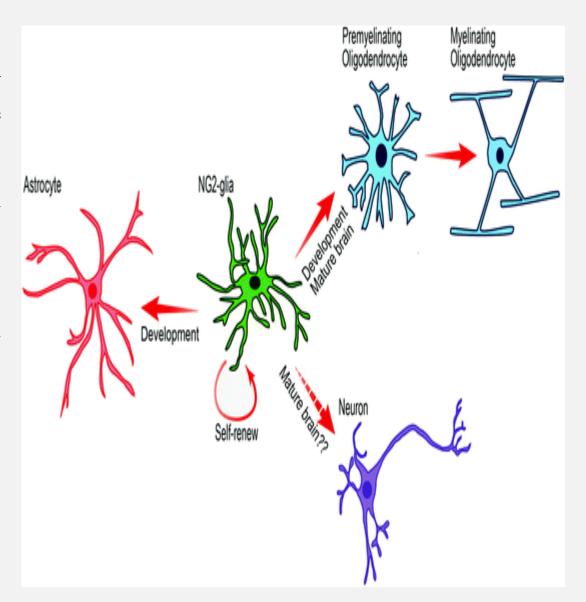
NG2-glia are defined by their expression of the chondroitin sulphate proteoglycan NG2 (cspg4)

2-8% of all the cells in the adult CNS.

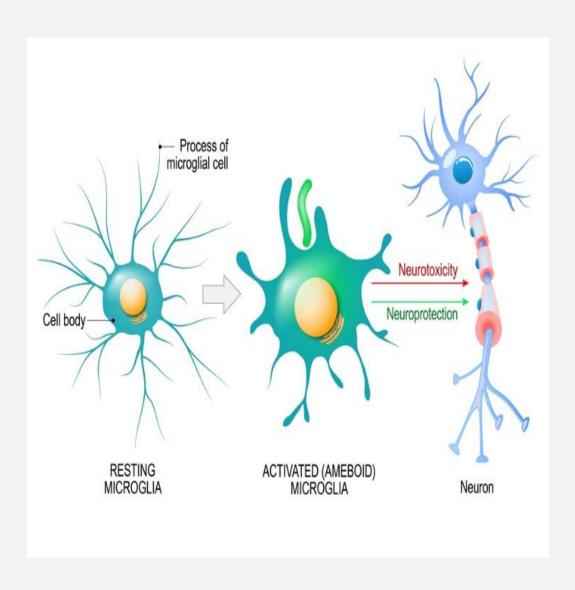
NG2 glia had large euchromatic nuclei with prominent nucleoli and thick and branched processes

Function

These cells are often equated with oligodendrocyte precursor cells (OPCs) because of their ability to generate myelinating and non-myelinating oligodendrocytes.



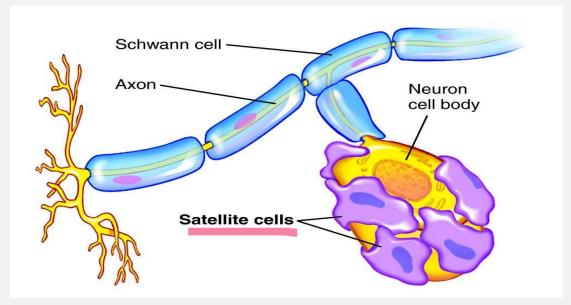
MICROGLIA OR SMALL GLIAL CELLS

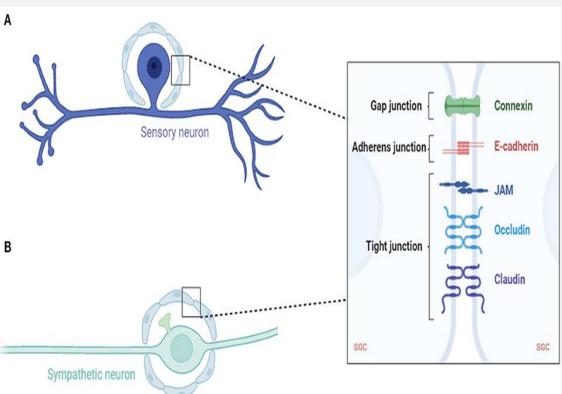


- These are the **smallest neuroglial cells**.
- The cell body is flattened. The processes are short. These cells are frequently seen in relation to capillaries.
- They became active after damage to nervous system tissue by trauma or diseases
- Its forms-- tends to keep changing mainly after it has engulfed a foreign body. They are mobile within the brain and multiply when the brain is damaged.

Function: immune cells of the CNS | The microglia are phagocytic cells. They engulf pathogens cells and protect the brain from invading microorganisms and degrade dead cells or damaged portion of the nerve. Thus, serve a defensive role within the nervous system and acts as immune system of the CNS.

NEUROGLIA CELLS IN PERIPHERAL NERVOUS SYSTEM





I. SATELLITE CELLS

Satellite glial cells are small cells that surround neurons cell body in sensory, sympathetic, and parasympathetic ganglia, which are a cluster of nerve cell bodies outside CNS. Like astrocytes, they are interconnected by junctions.

Function:

Satellite cells surround and physically support neurons within ganglia. They form a protective layer around the neuronal cell bodies, shielding them from damage and providing structural support.

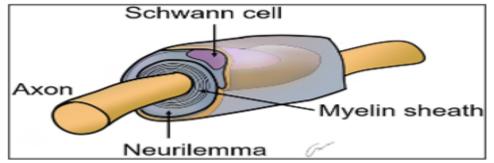
These cells help regulate the chemical environment around neurons by controlling the levels of ions, neurotransmitters, and other essential substances. For example, they can regulate the concentration of potassium ions, which is crucial for neuronal function.

2. <u>Schwann Cells</u>

A well-developed Schwann cell is shaped like a rolled-up sheet of paper, with layers of myelin between each coil. The inner layers of the wrapping, which are predominantly membrane material, form the myelin sheath, while the outermost layer of nucleated cytoplasm forms the neurilemma.

One Schwann cell myelinate a single axon.

Individual myelinating Schwann cells cover about 1 mm of an axon—equating to about 1000 Schwann cells along a 1-m length of the axon. During peripheral nerve regeneration, 9-O-acetyl GD3 is expressed by Schwann cells. They are Neural crest cell derived.



Function: produce myelin sheath

Similar in function to oligodendrocytes, Schwann cells provide myelination to axons in the peripheral nervous system (PNS). They also

have phagocytotic activity and clear cellular debris that allows for regrowth of PNS neurons

FUNCTION OF NEUROGLIA

The following are the functions of neuroglia.

- (1) They provide mechanical support to neurons.
- (2) In view of their non-conducting nature they serve as insulators and prevent neuronal impulses from spreading in unwanted directions.
- (3) They are believed to help neuronal function by playing an important role in maintaining a suitable metabolic environment for the neurons. They can absorb neurotransmitters from synapses thus terminating their action. It has been held that they play a role in maintaining the blood-brain barrier, but this view is open to question.
- (4) They are responsible for repair of damaged areas of nervous tissue. Neuroglial cells proliferate in such regions (gliosis). These cells (specially microglia) may act as macrophages.

(Macrophages are cells that can engulf and destroy unwanted material).

- (5) As mentioned above, oligodendrocytes provide myelin sheaths to nerve fibres within the central nervous system.
- (6) Ependymal cells are concerned in exchanges of material between the brain and the cerebrospinal fluid.